

REFERRALS AND ENQUIRIES

Phone 09 277 9324

Mobile 027 426 1564

Email admin@cscnz.org.nz

Please let us know as soon as possible if you are unable to make your appointment as we have a waiting list.

Charities Services
CC28884

As a Charitable Trust, CSC is funded by both Government funding and private sponsors which are greatly appreciated. We welcome sponsorships and donations. Please visit our website for details.



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Text us on 027 426 1564

HOW TO CONTACT US

Phone 09 277 9324

Mobile 027 426 1564

Email admin@cscnz.org.nz

Website www.cscnz.org.nz

Visit Us

22 Alexander Avenue, Papatoetoe, Manukau, 2025

Mail Us

PO Box 76 473, Manukau City, 2241

www.cscnz.org.nz

**CRISIS
RESPONSE
SOCIAL WORK
AND
COUNSELLING
SERVICES**

**Working towards
a healthy, strong and
just community**

COUNSELLING
services centre

WELCOME TO COUNSELLING SERVICES CENTRE (CSC)

Counselling Services Centre (CSC) has been providing counselling and practical support to the Counties Manukau community since 1986.

CSC is committed to the Treaty of Waitangi and its Principles of Partnership, Protection and Participation. Our support of clients is informed by Te Whare Tapa Whā, a holistic health and wellness model of practice.

support

OUR MISSION

To support and empower people who experience trauma. We do this by providing a professional and culturally appropriate crisis response service, social work support, ACC accredited and other counselling services within a safe, supportive and respectful environment.

Call us on 09 277 9324
Text us on 027 426 1564



OUR SERVICES

Crisis Response Team

24/7 free and confidential crisis response service for anyone affected by sexual harm which includes assault or abuse.

Court Support

Free and confidential support for people who go through the justice process, during and after trial.

Counselling Team

Our counselling team accept self referrals and referrals from other agencies and services. Our counsellors are registered with a professional body such as NZAC and NZCCA, and most are ACC registered.

Social Work

Our social work team provide advocacy, support services and resources. Our social workers are registered with SWRB and ANZASW.

FREQUENTLY ASKED QUESTIONS

How can counselling and social work help me?

- To support you to explore and understand your experiences
- To assist you to develop new skills, resources and coping strategies
- To provide non judgemental support
- To help you set personal and professional goals

What type of counselling is available?

- Individual
- Couples
- Whānau
- Tamariki and adolescents
- ACC Sensitive Claims (sexual abuse counselling)
- Clinical supervision

How much will counselling cost?

- Each case is assessed to ensure counselling is affordable for everyone
- ACC Sensitive Claim (sexual abuse) is free

Can anyone make an appointment?

Yes, anyone is welcome to make an appointment, and / or referral.

empower

www.cscnz.org.nz